

Medina Valley High School

Summer Tennis Information 2019



Medina Valley HS Summer 2019 Tennis Dates

Date	Event	Location	Time
May 23	Physicals (\$20)	HS Main Gym	After School
May 24-26	SATA Memorial Day Junior Open	McFarlin Tennis Center	
June 1	SBTA Future Stars Singles Tournament	Jumbo Evans Sports Park	
June 1-2	BCS Schools Out Challenger	College Station	
June 8-9	Centennial Bank Hill Country Challenger	Fredericksburg	
June 10- July 19	Panther Pride Camp	MVHS Panther Dome	7:30-9:30a
June 12	Open Courts	MVHS Tennis Courts	6:30-8:00p
June 17-19	*MV Tennis Camp	MVHS Tennis Courts	8:00-11:00a
June 19	Open Courts	MVHS Tennis Courts	6:30-8:00p
June 22-23	Aggieland Jr Open	College Station, TX	
June 26	Open Courts	MVHS Tennis Courts	6:30-8:00p
July 10	Open Courts	MVHS Tennis Courts	6:30-8:00p
July 17	Open Courts	MVHS Tennis Courts	6:30-8:00p
July 24	Open Courts	MVHS Tennis Courts	6:30-8:00p
July 26-28	Dr. Pepper Open	Fredericksburg	
July 27-28	Uvalde Honey Open	Uvalde Tennis Courts	
July 31	Open Courts	MVHS Tennis Courts	6:30-8:00p
Aug. 7	Open Courts	MVHS Tennis Courts	6:30-8:00p
Aug. 12	Optional Practice	MVHS Tennis Courts	6:30-8:00p
Aug. 13	Optional Scrimmage	MVHS Tennis Courts	9:00a-12:00p
Aug. 14-15	Varsity Practice	MVHS Tennis Court	5:30-7:00p
Aug. 19-20	*New Player Practice	MV Tennis Courts	5:30-7:00p

Aug 21	Varsity Match	Hondo	4:00-9:00p
Aug. 22	Whole Team Practice	MV Tennis Courts	5:30-7:00p
Aug. 27	Whole Team Practice	MV Tennis Courts	5:30-7:00p

MVHS 2019-20 Athletic Physical May 23rd After School in Main Gym

UIL requires that all incoming 7th, 9th, and 11th grade athletes obtain a physical before being allowed to participate in any extracurricular athletic practices/competitions. The cost will be \$20.00. Make sure to take care of this!

ALL PLAYERS: Must complete online participation forms, go to the MVIDS Athletics Page and click on the Electronic Participation Forms link. <https://www.mvisd.com/Domain/1031>

Medina Valley Tennis Summer Camp

Future Players: If you are an incoming 9th grader, you are encouraged to sign up for camp to help learn the fundamentals prior to the start of the season. For grades 4th-9th June 17-19 from 8-11am. Attached is the summer camp form. Please turn into the Athletic Office by June 5th.

Current Players: You are encouraged to volunteer your time during the camp to help teach future Panther tennis players the fundamentals.

Open Courts

Open courts is every Wednesday from 6:30-8:00pm (updates will be sent through the remind if any changes in times occur) all summer long and is a time to come out to hit with new players and current members of the MVHS tennis team. Attendance is not mandatory but encouraged.

2019 Fall Practice

All new players will begin practice on August 19th. In order to practice, you will have to have a physical and participation forms on file with the Athletic Trainers (Randy Neuman and Monica Valdez). You will also need to bring a tennis racket and a water bottle. Practice uniforms are black shorts, an orange, black, white or gray Medina Valley shirts and tennis shoes. You may also wear a hat or visor. The optional practice on Aug 12 and optional scrimmage vs Devine on Aug 13th is open to ALL players, new and old.

******ALL PLAYERS:** Need to create an account for UTR which is the Universal Tennis Rating System. All you need is an email and to answer a few questions about your tennis ability. Make sure you find and add yourself to the Medina Valley High School team. Our Fall matches will be attempting to use the program to rank our players and programs. Please have this done by Aug 1st. If you have any questions, please contact Coach Reinhart via REMIND. Additionally, if you plan to play any summer tournaments, I would recommend having this done. <https://www.myutr.com/home>

Links for Summer Tennis (Tournaments, Lessons, Clinics)

- *Panther Pride Camp* The Medina Valley Boys and Girls Strength and Conditioning Camp is a six week course designed to enhance the athletic performance of male and female athletes in preparation for the upcoming school year. Athletes in the camp will undergo a combination of weight training, agility work, core strengthening, and aerobic/anaerobic conditioning, with the goal of improving athleticism and preventing injuries. Athletes participating in the camp may expect to see improvements in strength, speed, agility, endurance, team bonding and PANTHER PRIDE. Boys and Girls will be working out together, with boys' and girls' coaches leading the instruction. For incoming 9-12th graders and for incoming 7th and 8th graders. If you miss a few days for vacation, that's ok!! Cost: \$50.00 Highly recommended to get into shape before season.
- *San Antonio Tennis Association* has helpful links and information about tennis leagues, camps, lessons and tournaments around the city.
<https://www.satennis.com/>
- *Annemarie Tennis Center* (summer clinics, private lessons & camps, very affordable & just inside SA) These run all year long! Some of our current players work with these pro coaches. Beginner, Intermediate & Advanced clinics. Highly Recommend. \$55 for one day or \$125-155 per session which is 4 days. I recommend going to ATC and talking to them in person to sign up because they will normally let you try it out for free.
<http://www.campusce.net/nisd/course/course.aspx?catId=44>
<https://www.campusce.net/nisd/youthprograms/course/course.aspx?catId=79>
- *Blossom Tennis Center* has beginner, intermediate and tournament player camps that run in the morning and afternoon, 2 hours per day for \$150 per week.
https://www.teamunify.com/SubTabGeneric.jsp?team=reczzbtt&_stabilid_=197120
- *San Antonio Tennis Academy* is a full week of tennis camp that runs all summer long and is located at the Alamo Heights Tennis Center. The cost is \$275 per week or if you only want to go certain days they can be from \$40-\$100 per day.
<https://www.sanantoniotennisacademy.com/academy-summer-program-2019/>
- *FIT High Performance Tennis Academy* located at McFarlin Tennis Center, this is the camp some of the AHHS players attend. It is \$400 per week and starts June 10th.
<http://www.fithptennis.com/summer-camp>
- *Net Generation* is a helpful new website to help all get involved and increase their tennis skills. Players will eventually be able to create a login for this website and it will be another resource to help them get involved with tennis outside of school.
<https://netgeneration.usta.com/us-en/home.html>

Note for the TENNISLINK links: These tournaments and challengers are run by the USTA and Texas Youth Tennis. These require player profiles and rankings that can be done by following the link below. The challengers are for new players trying to get themselves ranked which is a

great place to start and a way to play tennis during the summer. *There are way more than the ones I have added to this list but you can search for additional events on this website.* These are not mandatory, just a suggestion for those that want to excel in tennis and continue to play during off season. They are great opportunities. Average cost per event is between \$15-40. Players can do doubles or singles. You could pretty much play tournaments all summer long if you really wanted to. <https://tennislink.usta.com/dashboard/main/Login.aspx?App=3>

- Clarification on Summer Tournament names: OPEN means the tournament is open to anyone, at any level. CHALLENGER means entry level USTA rating tournament, you will play matches against a player of an intermediate level and can eventually work your way up to champ level or super champ level if you get really good. Also, there are a ton of tournaments in Austin, Corpus Christi, Laredo and Houston, you can find those at the link above if you are willing to drive.
- ❑ *BCS Schools Out Challenger 2-Day (12s-18s)* June 1-2, entries due May 23rd. Location College Station, TX
<https://tennislink.usta.com/tournaments/TournamentHome/Tournament.aspx?T=226653>
- ❑ *SBTA Future Stars Singles Tournament (Beginner Level)* June 1st, entries due May 23rd. Location is Spring Branch, TX Jumbo Evans Sports Park (North SA)
<https://tennislink.usta.com/tournaments/TournamentHome/Tournament.aspx?T=238477>
- ❑ *Centennial Bank Hill Country Challenger 2-Day (12s-18s Intermediate Level)* June 8th, entries due May 29th. Location Fredericksburg, TX
<https://tennislink.usta.com/tournaments/TournamentHome/Tournament.aspx?T=226370>
- ❑ *Aggieland Jr Open* June 22-23, entries due June 16th. Location College Station, TX
<https://tennislink.usta.com/tournaments/TournamentHome/Tournament.aspx?T=226655>
- ❑ *Fredericksburg Dr. Pepper Open* July 26-28, Entries due July 22nd. Location Fredericksburg, TX <https://www.fredericksburgtennis.org/tournaments>
- ❑ *Uvalde Honey Capital Open Tennis Tournament* July 27-28, Entries due July 24, high school and adult players can be in this tournament. \$15 per event, you can play 1 singles and 1 doubles event. Highly recommend this tournament.

Summer Camps

Most of the big universities (Texas A&M, UT, Baylor, UTSA, Trinity, UIW) in the area have tennis summer camps but they can be very pricey, however, they are amazing opportunities. There is also the John Newcombe Tennis Ranch and other tennis/country clubs around the area that have camps, some which are listed above.

- UIW has 8 1 week sessions that are \$250 per player
https://uiwcardinals.com/documents/2019/3/21/2019_Summer_Camp.pdf

Note: that you can also do private lesson, they run about \$40-\$50 per hour. You can use the following website to find them or Coach Rambie in Uvalde does private lessons and is very reasonably priced. <https://mytennislessons.com/locations/san-antonio-tennis-lessons>

Summer Self-Practices

Tennis is a sport that can be played anywhere and anytime. Watch youtube videos, shadow stroke when your watching TV, bounce a ball on your racquet. You can get a buy a [backboard/rebounder](#) to play by yourself at home or just grab a friend and go to the courts and play! The high schools court will be open all summer long and will have a basket of balls for you to play with as long as they are taken care of. Additionally, we have a ball machine that could be used, contact Coach Reinhart and I can meet you at the courts if you want to use it.

The more you practice and keep up/increase your skills throughout the summer, the better prepared you will be for the fall season. Those that put in the work, will raise above those that do not. Remember: tennis is NOT like riding a bike, if you don't do it, you will lose it.

Remind

Join the Panther Tennis Remind for updates about practices & tournaments! For students and parents to stay in contact with Panther Tennis!

81010 @cd6782

Google Classroom

Join the Panther Tennis for links, documents and announcements to help further your tennis success! For students but parents can be added as well! Class Code: xqvh3n