

MVISD School Health Advisory Council Meeting

MVISD High School Library

February 19, 2020

Call to Order at 4:35 p.m.

Present: Tina Schmelzer, Olga Perez, Tina Baron, Mary Keil, Kim Clark, Sandra Sandoval, Amanda Harris, Jeanna Quiroz, Shelly Galyon, Bridget Bauml, Kristi Smith, Liz Madrigales, Abraham Aguirre, Janet Graff, Kylee Cantu, and Lori Helm

New members were welcomed to the committee.

Presentation by Lori Helm, Emergency Department Nurse for the Medina Healthcare System in Hondo. Ms. Helm's presentation was titled "Mental Illness and Suicide Prevention". She spoke about the statistics of suicide and said that it is the 10th leading cause of death in the United States. She said that 123 people die everyday and the ratio is to every 1 suicide, there have been 25 attempts by others. Worldwide, 800,000 people take their lives each year.

Minutes from the November 20, 2019 meeting were reviewed, motioned by Kim Clark to approve, seconded by Bridget Bauml.

Liz Madrigales, the District Homeless & Foster Care Liaison, informed the group that Walmart has awarded the District with a \$4,500 Grant. This Grant money will be used to assist family needs to include Emergency Food, Clothes, Toiletries, and School Supplies. Mrs. Madrigales stated that the district may apply for the Grant money on a yearly basis.

Other items discussed by Tina Schmelzer R.N., District Health Services Coordinator, were the upcoming Blood Drives at the High School and a Potranco Elementary at the end of March. She also mentioned that many of the Elementary campuses are participating in the Kid's Heart Challenge, and the Fundraiser for the American Heart Association. The Annual Health Fair at LaCoste Elementary is scheduled for April and preparations are underway.

Healthy snacks prepared by our own Child Nutrition Department were provided and enjoyed by all. This included a colorful fruit tray, vegetable tray with dip and an appetizing cheese tray. A special treat of Banana and Chocolate Muffins were also served. Iced Water infused with strawberries and lemon slices was provided as the refreshment.

Mary Keil motioned for the meeting to be adjourned at 5:30 p.m. and Olga Perez seconded it.

Next Meeting: April 22, 2020