MVISD School Health Advisory Council Meeting
MVISD High School Library
November 20, 2019 at 4:30pm

Agenda

Call to Order/Welcome/Introductions

Presentation by The Medina County Healthy Texas Youth Ambassadors
Alison Grothues and Julia Guzman
You Can’t Outrun Your Fork

Presentation by Amanda Rothe, RD, CDE
Registered Dietitian, Certified Diabetes Educator
Medina Healthcare System
Prevention of Obesity and Diabetes
Tips on Healthy Meals

Meeting duties:
● Introduce new members, acknowledge returning members
● Approval of minutes from 9/25/2019

New items for discussion:
● The Child Nutrition Services is currently undergoing an audit. This audit is conducted every 3 years by the National School Lunch Program. One of the components of the audit includes a Local Wellness Policy Assessment that is completed by our district’s principals. The areas of concerns are then discussed here in the SHAC committee and recommendations are then made to update our Wellness Plan.
● Collection for the Marquez Family - Castroville Elementary

Closing Comments/Adjournment

Next Meeting: February 19, 2020