<table>
<thead>
<tr>
<th>Breakfast</th>
<th>Tuesday, 8/27</th>
<th>Wednesday, 8/28</th>
<th>Thursday, 8/29</th>
<th>Friday, 8/30</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>BREAKFAST</strong></td>
<td>Bean &amp; Cheese Taco</td>
<td>Croissant or Texas Toast</td>
<td>Honey Chicken Biscuit</td>
<td>Super Donut</td>
</tr>
<tr>
<td></td>
<td>Breakfast Crispito</td>
<td>Turkey Bacon or Sausage Patty</td>
<td>Cinnamon Roll</td>
<td>Chicken Empanada</td>
</tr>
<tr>
<td></td>
<td>Beef Tamales</td>
<td>Scrambled Eggs</td>
<td>Breakfast Smoothie</td>
<td>Scrambled Eggs &amp; Bacon</td>
</tr>
<tr>
<td></td>
<td>Breakfast Smoothie</td>
<td>Diced Potatoes</td>
<td>Assorted Cereals</td>
<td>Assorted Cereals</td>
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<tr>
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<td>Assorted Cereals</td>
<td>Breakfast Smoothie</td>
<td>Texas Toast</td>
<td>Texas Toast</td>
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<tr>
<td></td>
<td>Texas Toast</td>
<td>Blueberry Yogurt Parfait</td>
<td>Cinnamon Toast</td>
<td>Cinnamon Toast</td>
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<tr>
<td></td>
<td>Cinnamon Toast</td>
<td>Assorted Cereals</td>
<td>Assorted Fruit, Juice, &amp; Milk</td>
<td>Assorted Fruit, Juice, &amp; Milk</td>
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<td>Assorted Fruit, Juice, &amp; Milk</td>
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<tr>
<td><strong>LUNCH</strong></td>
<td>Chicken Tenders w/Gravy</td>
<td>Chicken Parmesan</td>
<td>Nachos Grande</td>
<td>Chicken Alfredo</td>
</tr>
<tr>
<td></td>
<td>Garlic Toast</td>
<td>Mozzarella Breadstick</td>
<td>Spanish Rice</td>
<td>Garlic Knot</td>
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<td></td>
<td>Green Beans</td>
<td>Steamed Broccoli</td>
<td>Refried Beans</td>
<td>Steamed Broccoli</td>
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<td></td>
<td>Mashed Potatoes</td>
<td>Ranch Salad</td>
<td>Ranch Salad</td>
<td>Italian Salad</td>
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<td>Ranch Salad</td>
<td>Specialty Line/Salad Bar</td>
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<td></td>
<td>Specialty Line/Salad Bar</td>
<td>Cheeseburger/Spicy</td>
<td>Specialty Line/Salad Bar</td>
<td>Specialty Line/Salad Bar</td>
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<tr>
<td></td>
<td>Chicken Wings &amp; Cheese Bites/Chicken Sandwich/</td>
<td>Chicken Sandwich/Chicken</td>
<td>Chicken Wings &amp; Cheese Bites/Chicken Sandwich/</td>
<td>Cheeseburger/Spicy &amp; Cheese</td>
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<td>Pizza/Club Sandwich/Fries</td>
<td>Pizza/Club Sandwich/Fries</td>
<td>Pizza/Club Sandwich/Fries</td>
<td>Club Sandwich/Fries</td>
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<td>Assorted Fruit &amp; Milk</td>
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<tr>
<td><strong>BREAKFAST</strong></td>
<td>Biscuit &amp; Gravy</td>
<td>Croissant or Texas Toast</td>
<td>Carne Guisada Taco</td>
<td>Beef Empanada</td>
</tr>
<tr>
<td><strong>NO SCHOOL</strong></td>
<td>Sausage Patty</td>
<td>Turkey Bacon or Sausage Patty</td>
<td>Breakfast in a Biscuit</td>
<td>Egg, Sausage, &amp; Cheese</td>
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<tr>
<td><strong>LAVOR DAY</strong></td>
<td>Super Donut</td>
<td>Scrambled Eggs</td>
<td>Super Donut</td>
<td>Tornado</td>
</tr>
<tr>
<td></td>
<td>Bean &amp; Cheese Taco</td>
<td>Diced Potatoes</td>
<td>Breakfast Smoothie</td>
<td>Berry Yogurt Parfait</td>
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<td>Breakfast Smoothie</td>
<td>Breakfast Smoothie</td>
<td>Assorted Cereals</td>
<td>Assorted Cereals</td>
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<td>Assorted Cereals</td>
<td>Blueberry Yogurt Parfait</td>
<td>Texas Toast</td>
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<td>Texas Toast</td>
<td>Assorted Cereals</td>
<td>Cinnamon Toast</td>
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<td>Cinnamon Toast</td>
<td>Assorted Fruit, Juice, &amp; Milk</td>
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<td>Assorted Fruit, Juice, &amp; Milk</td>
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<tr>
<td><strong>LUNCH</strong></td>
<td>Enchiladas w/Chili Sauce</td>
<td>Chicken Drumstick</td>
<td>Chicken Parmesan</td>
<td>Homemade Meatloaf</td>
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<tr>
<td><strong>NO SCHOOL</strong></td>
<td>Spanish Rice</td>
<td>Dinner Roll</td>
<td>Mozzarella Breadstick</td>
<td>Dinner Roll</td>
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<tr>
<td><strong>LAVOR DAY</strong></td>
<td>Charro Beans</td>
<td>Green Beans</td>
<td>Italian Salad</td>
<td>Green Beans</td>
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<td>Seasoned Corn</td>
<td>Scalloped Potatoes</td>
<td>Specialty Line/Salad Bar</td>
<td>Mashed Potatoes w/Gravy</td>
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<td>Specialty Line/Salad Bar</td>
<td>Ranch Salad</td>
<td>Specialty Line/Salad Bar</td>
<td>Garden Salad</td>
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<td>Cheeseburger/Spicy</td>
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<td>Chicken Sandwich/Spicy</td>
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<td>Sandwich/Fries</td>
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<td>Enchiladas w/Chili Sauce</td>
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<td>Spanish Rice</td>
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<td>Charro Beans</td>
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<td>Seasoned Corn</td>
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<td>Chicken Wings &amp; Cheese Bites/Chicken Sandwich/</td>
<td>Specialty Line/Salad Bar</td>
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<td>Pizza/Club Sandwich/Fries</td>
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<td></td>
<td>Assorted Fruit &amp; Milk</td>
<td>Specialty Line/Salad Bar</td>
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</tbody>
</table>

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# September 2019 Menu

**Medina Valley ISD High School**

**Monday, 9/9**
- Biscuit & Gravy
- Sausage Patty
- Mini Confetti Pancakes
- Potato & Egg Taco
- Assorted Cereals
- Texas Toast
- Cinnamon Toast
- Assorted Fruit, Juice, & Milk

**Tuesday, 9/10**
- Beef Tamale
- Bean & Cheese Taco
- Flatbread Sandwich
- Blueberry Yogurt Parfait
- Breakfast Smoothie
- Assorted Cereals
- Texas Toast
- Cinnamon Toast
- Assorted Fruit, Juice, & Milk

**Wednesday, 9/11**
- Croissant or Texas Toast
- Scrambled Eggs
- Turkey Bacon or L’Il Smokies
- Diced Potatoes
- Breakfast Smoothie
- Blueberry Yogurt Parfait
- Assorted Cereals
- Assorted Fruit, Juice, & Milk

**Thursday, 9/12**
- French Toast
- Breakfast Crispito
- Bean & Cheese Taco
- Breakfast Smoothie
- Assorted Cereals
- Texas Toast
- Cinnamon Toast
- Assorted Fruit, Juice, & Milk

**Friday, 9/13**
- Super Donut
- Egg, Sausage Tornado
- Bean & Cheese Taco
- Berry Yogurt Parfait
- Assorted Cereals
- Texas Toast
- Cinnamon Toast
- Assorted Fruit, Juice, & Milk

**Monday, 9/16**
- Chicken Flautas
- w/Cheese Sauce
- Refried Beans
- Corn
- Ranch Salad

**Tuesday, 9/17**
- Spaghetti & Meat Sauce
- Garlic Bread Stick
- Steamed Broccoli
- Italian Salad

**Wednesday, 9/18**
- Chicken Quesadilla
- Spanish Rice
- Charro Beans
- Seasoned Corn
- Ranch Salad

**Thursday, 9/19**
- Chicken Alfredo
- Garlic Knot
- Steamed Broccoli
- Italian Salad

**Friday, 9/20**
- Nachos Grande
- Spanish Rice
- Refried Beans
- Ranch Salad

**Monday, 9/20**
- Bean & Cheese Taco
- Chorizo & Egg Taco
- Flatbread Sandwich
- Assorted Cereals
- Texas Toast
- Cinnamon Toast
- Assorted Fruit, Juice, & Milk

**Tuesday, 9/21**
- Beef Empanada
- Chicken & Waffles
- w/Syrup
- Blueberry Yogurt Parfait
- Breakfast Smoothie
- Assorted Cereals
- Texas Toast
- Cinnamon Toast
- Assorted Fruit, Juice, & Milk

**Wednesday, 9/22**
- Croissant or Texas Toast
- Scrambled Eggs
- Turkey Bacon or L’Il Smokies
- Diced Potatoes
- Breakfast Smoothie
- Blueberry Yogurt Parfait
- Assorted Cereals
- Assorted Fruit, Juice, & Milk

**Thursday, 9/23**
- Honey Chicken Biscuit
- Cinnamon Roll w/Icing
- Breakfast Pizza
- Breakfast Smoothie
- Assorted Cereals
- Texas Toast
- Cinnamon Toast
- Assorted Fruit, Juice, & Milk

**Friday, 9/24**
- Carne Guisada Taco
- Donut Holes
- Bean & Cheese Taco
- Berry Yogurt Parfait
- Assorted Cereals
- Texas Toast
- Cinnamon Toast
- Assorted Fruit, Juice, & Milk

- Crispy Tacos
- Spanish Rice
- Charro Beans
- Seasoned Corn

- Homemade Lasagna
- Garlic Knot
- Broccoli w/Cheese
- Italian Salad

- Chicken Tenders w/Gravy
- Garlic Toast
- Green Beans
- Mashed Potatoes
- Ranch Salad

- Chicken Tamales w/Chili
- Sauce & Cheese
- Spanish Rice
- Charro Beans
- Ranch Salad

- Barbecued Chicken
- Dinner Roll
- Macaroni & Cheese
- Scalloped Potatoes
- Ranch Salad

**LUNCH**
- Bacon Cheeseburger/Chicken Sandwich/Spicy Chicken Sandwich/Pizza/Ham & Cheese Wrap/Fries
- Assorted Fruit & Milk

- Chicken Flautas
- Spanish Rice
- Charro Beans
- Seasoned Corn
- Ranch Salad

- Chicken Quesadilla
- Spanish Rice
- Charro Beans
- Seasoned Corn
- Ranch Salad

- Chicken Alfredo
- Garlic Knot
- Steamed Broccoli
- Italian Salad

- Nachos Grande
- Spanish Rice
- Refried Beans
- Ranch Salad

- Carne Guisada Taco
- Donut Holes
- Bean & Cheese Taco
- Berry Yogurt Parfait
- Assorted Cereals
- Texas Toast
- Cinnamon Toast
- Assorted Fruit, Juice, & Milk

- Honey Chicken Biscuit
- Cinnamon Roll w/Icing
- Breakfast Pizza
- Breakfast Smoothie
- Assorted Cereals
- Texas Toast
- Cinnamon Toast
- Assorted Fruit, Juice, & Milk

- Barbecued Chicken
- Dinner Roll
- Macaroni & Cheese
- Scalloped Potatoes
- Ranch Salad

- Chicken Tamales w/Chili
- Sauce & Cheese
- Spanish Rice
- Charro Beans
- Ranch Salad

- Barbecued Chicken
- Dinner Roll
- Macaroni & Cheese
- Scalloped Potatoes
- Ranch Salad

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# September 2019 Menu
Medina Valley ISD High School

<table>
<thead>
<tr>
<th>Monday, 9/23</th>
<th>Tuesday, 9/24</th>
<th>Wednesday, 9/25</th>
<th>Thursday, 9/26</th>
<th>Friday, 9/27</th>
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</thead>
<tbody>
<tr>
<td><strong>BREAKFAST</strong></td>
<td><strong>BREAKFAST</strong></td>
<td><strong>BREAKFAST</strong></td>
<td><strong>BREAKFAST</strong></td>
<td><strong>BREAKFAST</strong></td>
</tr>
<tr>
<td>Honey Chicken Biscuit Waffles</td>
<td>Beef Empanada Cinnamon Roll Bean &amp; Cheese Taco Breakfast Smoothie Blueberry Yogurt Parfait Assorted Cereals Texas Toast Cinnamon Toast Assorted Fruit, Juice, &amp; Milk</td>
<td>Croissant or Texas Toast Scrambled Eggs Turkey Bacon or Sausage Patty Diced Potatoes Breakfast Smoothie Blueberry Yogurt Parfait Assorted Cereals Texas Toast Cinnamon Toast Assorted Fruit, Juice, &amp; Milk</td>
<td>Croissant Sandwich w/Egg, Bacon &amp; Cheese Bean &amp; Cheese Taco Beef Tamales Breakfast Smoothie Assorted Cereals Texas Toast Cinnamon Toast Assorted Fruit, Juice, &amp; Milk</td>
<td>Chicken Empanada Turkey Bacon Scrambled Eggs Berry Parfait Super Donut Assorted Cereals Texas Toast Cinnamon Toast Assorted Fruit, Juice, &amp; Milk</td>
</tr>
<tr>
<td>Chicken Parmesan Mozzarella Breadstick Steamed Broccoli Ranch Salad Specialty Line/Salad Bar Bacon Cheeseburger/Chicken Sandwich/Spicy Chicken Sandwich/Pizza/Ham &amp; Cheese Wrap/Fries Assorted Fruit &amp; Milk</td>
<td>Crispy Taco Spanish Rice Charro Beans Garden Salad Specialty Line/Salad Bar Cheeseburger/Chicken Tenders/Spicy Chicken Sandwich/Pizza/Club Sandwich/Fries Assorted Fruit &amp; Milk</td>
<td>Pulled Porked Sandwich Steamed Broccoli Ranch Salad Specialty Line/Salad Bar Chicken Wings &amp; Cheese Bites/Chicken Sandwich/Pizza/Club Sandwich/Fries Assorted Fruit &amp; Milk</td>
<td>Teriyaki Chicken Fried Rice Egg Roll Seasoned Carrots Ranch Salad Specialty Line/Salad Bar Cheeseburger/Spicy Chicken Sandwich/Pizza Chicken Sandwiches/Turkey &amp; Ham Wrap/Fries Assorted Fruit &amp; Milk</td>
<td>Chicken Fajitas Spanish Rice Charro Beans Ranch Salad Specialty Line/Salad Bar Chicken Wings &amp; Cheese Bites/Pizza/Chicken Sandwiches/Turkey &amp; Ham Wrap/Fries Assorted Fruit &amp; Milk</td>
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<td><strong>LUNCH</strong></td>
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</tr>
<tr>
<td>Monday, 9/30</td>
<td><strong>MEAL APPLICATIONS</strong></td>
<td><strong>MEAL PRICES</strong></td>
<td><strong>BREAKFAST</strong></td>
<td><strong>LUNCH</strong></td>
</tr>
<tr>
<td><strong>BREAKFAST</strong></td>
<td><strong>MEAL APPLICATIONS</strong></td>
<td><strong>MEAL PRICES</strong></td>
<td><strong>BREAKFAST</strong></td>
<td><strong>LUNCH</strong></td>
</tr>
<tr>
<td>Bean &amp; Cheese Taco Breakfast Crispyto Tamales Assorted Cereals Texas Toast Cinnamon Toast Assorted Fruit, Juice, &amp; Milk</td>
<td>Reminder: You may apply for free or reduced meals any time at the following link: <a href="https://www.family.titank12.com/">https://www.family.titank12.com/</a></td>
<td>Reduced: $0.30 Paid: $1.50 Adult: $2.20</td>
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<tr>
<td>Homemade Lasagna Garlic Knot Steamed Broccoli Italian Salad Specialty Line/Salad Bar Bacon Cheeseburger/Chicken Sandwich/Spicy Chicken Sandwich/Pizza/Ham &amp; Cheese Wrap/Fries Assorted Fruit &amp; Milk</td>
<td></td>
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