



## **Please join us for our Grandparents Raising Grandchildren Support Group**

**Many grandparents today are stepping in to raise their grandchildren due to various circumstances and situations. In fact, the U.S. Census of 2000 found that over 2.4 million grandparents assume the responsibility of their grandchildren.**

**Support provided includes: 1) Expert presentations to inform and educate on legal, health and financial issues; 2) Emotional support for mental health issues for both grandparents and children (i.e. depression, anger, separation, anxiety, low self-esteem, etc.); 3) Liaison to local nonprofits to provide critical resources, such as food, clothes, beds, school supplies and more.**

Due to COVID-19 we are now offering the support group BOTH virtually and in-person. You choose whichever method works best for you. \*\*Please send your email address to Elizabeth Brown at [bethannbrownsa@gmail.com](mailto:bethannbrownsa@gmail.com) to receive your virtual invites to the meetings.\*\*

### **Meeting Dates For the 2020-2021 School Year:**

**September 23<sup>rd</sup> - 9:00 am-to 11:00 am (Virtual Only)**

**October 28<sup>th</sup> - 9:00 am-to 11:00 am (Virtual & In-Person)**

**November 18<sup>th</sup> - 9:00 am-to 11:00 am (Virtual & In-Person)**

**December 16<sup>th</sup> - 9:00 am-to 11:00 am (Virtual & In-Person)**

**January 27<sup>th</sup> - 9:00 am-to 11:00 am (Virtual & In-Person)**

**February 24<sup>th</sup> - 9:00 am-to 11:00 am (Virtual & In-Person)**

**March 24<sup>th</sup> - 9:00 am-to 11:00 am (Virtual & In-Person)**

**April 28<sup>nd</sup> - 9:00 am-to 11:00 am (Virtual & In-Person)**

**May 26<sup>th</sup> - 9:00 am -to 11:00 am (Virtual & In-Person)**

### **Location**

**Medina Valley Independent School District Higher Learning Center**

**153 CR 483, Room 114**

**LaCoste, TX 78039**

**For further questions, please contact:**

**Judy Grubbs: (210) 367-1722**

