



MVISD CHILD NUTRITION SPECIAL DIET FORM 2019-2020

WHEN COMPLETED, PLEASE SCAN & EMAIL TO OLGA.PEREZ@MVISD.ORG OR RETURN TO CAMPUS NURSE

- NEW DIET ORDER
 CHANGE CURRENT DIET ORDER
 DISCONTINUE DIET ORDER
 TEMPORARY (IF TEMP. LIST DURATION:)

STUDENT INFORMATION

FIRST NAME: LAST NAME: DATE OF BIRTH:

SCHOOL: GRADE: STUDENT ID:

PARENT/GUARDIAN'S NAME: PHONE NUMBER:

PARENT/GUARDIAN'S EMAIL:

PARENT/GUARDIAN'S SIGNATURE: DATE:

MEDICAL INFORMATION

TO BE COMPLETED BY LICENSED PHYSICIAN/MEDICAL AUTHORITY

STUDENT'S DISABILITY:

ACTIVITIES OF DAILY LIVING AFFECTED:

FOOD ALLERGY/INTOLERANCE:

- MILK
 FISH
 WHEAT
 WHOLE EGGS
 PEANUTS/TREE NUTS
 SOY
 NO CHEESE, YOGURT
 NO MILK IN ANY PRODUCTS (BAKED GOODS, ETC.)
 EGGS IN FOODS (BAKED GOODS, ETC.)
 MILK SUBSTITUTE NEEDED - SPECIFY TYPE (LACTOSE FREE, SOY, ETC.): _____

OTHER: _____

OTHER DIETARY RESTRICTIONS:

FORMULA/SUPPLEMENT - PLEASE SPECIFY TYPE & AMOUNT: _____

TEXTURE MODIFICATION:
 PUREED
 CHOPPED
 SOFT

LIQUIDS:
 NECTAR
 PUDDING
 HONEY

DIABETIC - GRAMS OF CHO: B _____ L _____

FAT RESTRICTION – TOTAL FAT GRAMS: _____

SODIUM RESTRICTION – TOTAL NA GRAMS: _____

OTHER:

MEDICAL AUTHORITY NAME

MEDICAL AUTHORITY SIGNATURE

PHONE NUMBER

DATE

MEDICAL AUTHORITY CREDENTIAL
 MD
 DO
 RD
 PA
 NP



MVISD CHILD NUTRITION SPECIAL DIET FORM INSTRUCTIONS

IMPORTANT THINGS TO KNOW

- Special Diet requests will be reviewed by the Child Nutrition Director.
- Accommodations will be processed by the MVISD Child Nutrition Director utilizing Federal and State guidelines.
- The Child Nutrition staff will make every attempt to REASONABLY accommodate students that have dietary restrictions that are not life threatening or reported by a physician as a disability.
- Special Diet Forms MUST be completed by a licensed physician/medical authority (physician, physician's assistant, or nurse practitioner).
- Notes, letters, or diet instructions written on prescription pads will NOT be accepted.
- A new form must be completed each school year. Once a form is received a staff member will contact the parent/guardian to confirm receipt.
- It can take up to 2 weeks to implement. However, at the beginning of the school year the Special Diet Forms may take longer to process and implement due to the high number of requests that we receive during this time. While the CN Department is processing the Special Diet Forms, the parents of the student are responsible for providing the special diet items needed.
- It is the parent/guardian's responsibility to notify the CN Department if any changes occur or if the student transfers to another school.
- The CN Director processing the request has the right to contact the medical authority to ask questions or clarify the information on the form.
- If changes/additional restrictions need to be made or if the diet orders need to be discontinued/stopped, a new form must be completed by a licensed physician/medical authority (physician, physician's assistant, or nurse practitioner) and turned into the Campus Nurse or CN Department.

INSTRUCTIONS FOR COMPLETING SPECIAL DIET FORM

- Take form to licensed physician/medical authority to be completed.
- Once completed, the form can be turned into the campus nurse or emailed to the CN Department at olga.perez@mvisd.org.
- The CN Department Director will contact you to confirm receipt and may also contact the medical authority with questions or to clarify the orders.
- If the diet changes or needs to be modified throughout the year, a new form must be completed.
- If the student no longer requires the dietary modifications, a new Special Diet Form must be completed and returned to the campus nurse or faxed to the CNS Department (there is a box to discontinue on the form).
- All forms and information regarding special diets can be found on the CN website at <https://www.mvisd.com/Domain/1035> or if you have questions, please call the CN Department at (830) 931-2243, ext. 1154.

**FOR QUESTIONS OR CONCERNS, PLEASE CONTACT MVISD CHILD NUTRITION
AT (830) 931-2243, EXT. 1154.**